



**HOSPITAL SERVICES BOARD AGENDA**  
**Thursday, April 25, 2024 at 12:00pm**  
**In-Person and via ZOOM**

AT CCMC, WE BELIEVE THAT HEALTHY PEOPLE CREATE A HEALTHY COMMUNITY.

**Board**

Kelsey Hayden exp. 3/26  
 Liz Senear exp. 3/27  
 Ann Linville exp. 3/25  
 Diane Ujioka exp. 3/27  
 VACANT exp. 3/26

**CEO**

**Hannah Sanders, M.D.**

**OPENING:** Call to Order

**Roll Call** – Kelsey Hayden, Liz Senear, Ann Linville, and Diane Ujioka.

**Establishment of a Quorum**

**A. COMMUNICATIONS BY AND PETITIONS FROM VISITORS**

(Speaker must give name and agenda item to which they are addressing)

1. Audience Comments (limited to 3 minutes per speaker)
2. Guest Speaker

**B. BOARD DEVELOPMENT**

**C. CONFLICT OF INTEREST**

**D. APPROVAL OF AGENDA**

**E. APPROVAL OF MINUTES**

1. March 28, 2024 Special Meeting Minutes Pgs 1-3

**F. REPORTS OF OFFICERS OR ADVISORS**

1. Board Chair Report
2. CEO Report Pgs 4-5
3. Director of Finance Report Pgs 6-8
4. Medical Director Quarterly Report Pg 9
5. Ancillary Services Quarterly Report Pg 10
6. Director of Nursing Quarterly Report Pg 11
7. Sound Alternatives Quarterly Report Pg 12
8. Quality Quarterly Report Pg 13

**G. DISCUSSION ITEMS**

**H. ACTION ITEM**

1. Hospital Services Board Election of Officers Pg 14

**I. AUDIENCE PARTICIPATION (limited to 3 minutes per speaker)** Members of the public are given the opportunity to comment on matters which are within the subject matter authority of the Board and are appropriate for discussion in an open session.

**I. BOARD MEMBER COMMENTS**

**J. EXECUTIVE SESSION**

**K. ADJOURNMENT**

This Hospital Services Board Quarterly meeting will be Hybrid – In-person and via ZOOM.

To call in: 1-866-424-2466 Passcode: 840432

**For a full packet, go to [www.cityofcordova.net/government/boards-commissions/health-services-board](http://www.cityofcordova.net/government/boards-commissions/health-services-board)**

\*Executive Session: Subjects that may be considered in executive session are: 1) Matters, immediate knowledge of which would clearly have an adverse effect upon the finances of the public entity; 2) Subjects that tend to prejudice the reputation and character of any person, provided that the person may request a public discussion; 3) Matters which by law, municipal charter, or ordinance are required to be confidential; 4) Matters involving consideration of governmental records that by law are not subject to public disclosure; 5) Direction to an attorney or labor negotiator regarding the handling of specific legal matters or labor negotiations.

**Minutes**  
**CCMC Authority – Board of Directors**  
**March 28, 2024 at 12:00pm**  
**Regular Meeting**

**CALL TO ORDER AND ROLL CALL –**

**Kelsey Hayden** called the Board Meeting to order at 12:00pm.

Board members present: **Kelsey Hayden, Ann Linville, and Liz Senear.**

Diane Ujioka was absent.

**Quorum was established. 3 members present.**

CCMC staff present: Dr. Hannah Sanders, CEO; Tamara Russin, Director of Ancillary Services; Denna Stavig, Director of Finance; Alexis Allen, CAH Director of Nursing; Olivia Morena, LTC Director of Nursing; Barb Jewell, Director of Community Services, and Faith Wheeler-Jeppson.

**A. COMMUNICATIONS BY AND PETITIONS FROM VISITORS**

1. **Audience Comments** ~ None
2. **Guest Speaker** ~ None

**B. BOARD DEVELOPMENT** ~ None

**C. CONFLICT OF INTEREST** ~ None

**D. APPROVAL OF AGENDA**

**M/Senear S/Linville** "I move to approve the agenda."

**Hayden – yes, Linville – yes, and Senear – yes.**

**3 yeas, 0 nay, 1 absent; Motion passed.**

**E. APPROVAL OF MINUTES**

**M/Linville S/Senear** "I move to approve the February 29, 2024 minutes."

**Linville – yes, Senear – yes, and Hayden – yes.**

**3 yeas, 0 nay, 1 absent; Motion passed.**

**F. REPORTS OF OFFICERS and ADVISORS**

1. **Board Chair report** – Kelsey Hayden reported that she had a meeting with the Auditors to explain some of the risks, I think it was pretty standard.
2. **CEO Report** – Dr. Sanders stated that at this point the Board has had a chance to review the Financials for last month, we have an explanation and some understanding of where we're at and that leaves us still feeling pretty positive. We had some staff out on longer term PTO (3-4 weeks), and a couple of other scenarios that led us to our permanent staff having to work overtime or the facility having to utilize traveling staff to ensure that we had proper coverage. We do feel like we'll be able to recover in the coming months. Also, our new CT Scanner is on site, we hope to have it powered up by Monday.
3. **Director of Finance Report** – Denna Stavig reported that the Financials are in the packet. Our Revenues were under a bit from what was projected for our budget. The Bad Debt that was written off for the month was just under \$2000. Grants were under a bit due to a delay in getting our Behavioral Health grant, so that will show up in the March Financials. As Dr. Sanders had explained, we had some additional travelers so we're a little

higher than normal in Professional Services fees. I do think that we can recover from this. And our Cash is still doing good, so that's a positive.

## **G. DISCUSSION ITEMS ~ None**

## **H. ACTION ITEMS**

### **1. Delineation of Privileges for Curtis Bejes, MD**

**M/Linville S/Senear** "I move that the CCMC Hospital Services Board approve Privileges for Curtis Bejes, MD as presented."

#### **Voice Vote on Motion**

**Linville – yes, Senear – yes, and Hayden – yes.**

**3 yeas, 0 nay, 1 absent; Motion passed.**

### **2. Delineation of Privileges for Laura Henneker, AFNP**

**M/Senear S/Linville** "I move that the CCMC Hospital Services Board approve Privileges for Laura Henneker, AFNP as presented."

#### **Voice Vote on Motion**

**Senear – yes, Linville – yes, and Hayden – yes.**

**3 yeas, 0 nay, 1 absent; Motion passed.**

### **3. Delineation of Privileges for Benjamin Head, MD**

**M/Senear S/Linville** "I move that the CCMC Hospital Services Board approve Privileges for Benjamin Head, MD as presented."

#### **Voice Vote on Motion**

**Hayden – yes, Senear – yes, and Linville – yes.**

**3 yeas, 0 nay, 1 absent; Motion passed.**

### **4. Delineation of Privileges for Jessica Barry, MD**

**M/Linville S/Senear** "I move that the CCMC Hospital Services Board approve Privileges for Jessica Barry, MD as presented."

#### **Voice Vote on Motion**

**Linville – yes, Hayden – yes, and Senear – yes.**

**3 yeas, 0 nay, 1 absent; Motion passed.**

## **I. AUDIENCE PARTICIPATION ~ None**

## **J. BOARD MEMBERS COMMENTS**

**Senear** ~ It's nice to see everyone's faces again. I'm hoping we can turn around what happened for the January and February numbers. I'm glad that last year's numbers came out okay.

**Linville** ~ Everything was positive with the exception of the Financials, but it's still very early in the year, I have full faith that we can turn those around. Thank you to the staff that put in the extra hours. And yay for the CT machine, I'm glad to hear that it went well and that we're nearing the end. Good job!

**Hayden** ~ Ditto what everyone else has said, if we're going to have a hard time financially it's better to have it at the beginning of the year. I think you guys have it handled. I'm looking forward to the new CT machine, and let's keep working on getting a new board member to fill the vacant seat until the next election (March 2025).

## **K. EXECUTIVE SESSION**

1. Complaint and Grievance Discussion

**M/Linville S/Senear** "I move that the Hospital Services Board go into Executive Session for a Complaint and Grievance Discussion, subjects what tend to prejudice the reputation and character of any person, provided that the person may request a public discussion."

Into Executive Session at 12:19pm

**Voice Vote on Motion**

**Hayden – yes, Linville – yes, and Senear – yes.**

**3 yeas, 0 nay, 1 absent; Motion passed.**

M/Linville S/Senear "I move to go back into Regular Session"

Back into Regular Session at 12:32pm

**Voice Vote on Motion**

**Senear – yes, Linville – yes, and Hayden – yes.**

**3 yeas, 0 nay, 1 absent; Motion passed.**

**L. ADJOURNMENT**

**M/Senear S/Linville** "I move to adjourn"

**Kelsey Hayden** declared the meeting adjourned 12:33pm.

**Prepared by: Faith Wheeler-Jeppson**

## **April 2024 CEO Report**

### **Services:**

During the first quarter of 2024, the CT scanner was frequently out of service and ultimately decommissioned for a month while it was replaced. During this time, we utilized ultrasound for backup imaging. We have received feedback from providers and patients indicating that having this service available was very useful. Over the next few months, we will further evaluate the cost and feasibility of continued services. For now, we will no longer offer ultrasound services.

The new CT scanner is now in use. The new machine represents a vast improvement over the previous one, and thus far, we are very satisfied with this solution.

CCMC continues to have capacity for inpatient and outpatient physical and occupational therapy. We are reaching out to surrounding hospitals to inform them that we have capacity should their patients need skilled rehab.

### **Workforce:**

This year, we have experienced high turnover in all areas. We continue our recruiting efforts, particularly for permanent nursing staff. We are participating in one more effort to request legislators to pass legislation for Alaska to join the Nurse Licensure Compact. Joining the NLC will decrease barriers for new nurses coming to Alaska.

Last week, our long-term care DON, Olivia, and our Director of Operations, Noelle, attended the Alaska Health Care and Hospital Association's (AHHA) quality summit in Anchorage. At this event, they participated in discussions on licensing & certification, nursing workforce development, protecting staff and preventing workplace violence, workforce wellness, and psychological safety. These topics are very important to CCMC as we struggle with ensuring staff safety and a positive work environment. With AHHA support, CCMC is hosting a training session taught by an expert in mitigating workplace violence. This de-escalation training will occur next week in two 4-hour training sessions for our staff.

### **Community Programs:**

We are finalizing the grant that will support CCMC in exploring and developing a childcare program. The program will give preferential daycare access to staff but ultimately provide childcare to the community of Cordova. The program will focus on early healthy living education for youth. It is part of our employee retention plan as well as improving community health. CCMC intends to partner with existing programs in Cordova, including the Parks and Rec department.

CCMC is participating in the health fair this Saturday. This year, health fair labs will be done with orders. Individuals can request an order from their provider. Cordova providers have a copy of the order form.

CCMC is donating helmets to the CSD PTA bike rodeo. We have witnessed firsthand the dangers of people not using bike helmets, and we want to ensure that everyone has access to well-fitting helmets. Individuals who need a helmet should attend the PTA bike rodeo.

**Cordova Community Medical Center Statistics**

Days per Month	31	28	31	30	31	30	31	31	30	31	30	31	Cumulative Monthly	
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total	Average
<b>Hosp Acute+SWB Avg. Census</b>		29												
FY 2021	1.3	3.2	2.2	1.7	2.2	1.6	2.1	2.4	3.3	5.6	4.3	1.4		2.6
FY 2022	1.6	3.3	2.8	2.1	1.5	1.9	3.5	3.5	3.9	0.5	1.0	2.1		2.3
FY 2023	2.5	1.3	2.3	3.6	2.0	0.5	1.1	0.5	2.3	2.7	2.9	2.9		2.1
FY 2024	1.4	1.4	1.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0		0.3
<b>Acute Admits</b>														
FY 2021	2	6	4	1	8	7	4	4	4	3	1	2	46	3.8
FY 2022	6	1	2	3	5	7	8	4	3	4	3	5	51	4.3
FY 2023	1	3	6	2	5	4	5	4	2	2	3	4	41	3.4
FY 2024	4	4	2										10	3.3
<b>Acute Patient Days</b>														
FY 2021	4	13	8	2	17	11	9	14	15	18	13	2	126	10.5
FY 2022	15	11	7	10	8	10	21	9	12	7	5	14	129	10.8
FY 2023	3	9	16	15	15	11	18	4	12	4	9	10	126	10.5
FY 2024	12	14	10										36	12.0
<b>SWB Admits</b>														
FY 2021	2	2	0	1	1	0	2	2	4	3	1	0	18	1.5
FY 2022	1	3	0	1	2	2	3	2	4	2	2	1	23	1.9
FY 2023	2	1	3	2	1	1	1	0	3	2	3	1	20	1.7
FY 2024	2	2	1										5	1.7
<b>SWB Patient Days</b>														
FY 2021	37	77	60	49	50	36	55	60	85	155	117	40	821	68.4
FY 2022	34	81	79	54	37	48	89	101	104	7	24	52	710	59.2
FY 2023	73	28	55	94	48	5	15	13	57	80	79	81	628	52.3
FY 2024	30	25	34										89	29.7
<b>CCMC LTC Admits</b>														
FY 2021	0	0	0	0	0	0	2	0	0	0	1	1	4	0.3
FY 2022	0	0	0	0	0	1	0	0	0	0	0	0	1	0.1
FY 2023	0	0	0	1	1	0	1	2	0	1	0	0	6	0.5
FY 2024	1	0	0										1	0.3
<b>CCMC LTC Resident Days</b>														
FY 2020	310	289	310	293	296	300	301	310	300	309	277	310	3,605	300.4
FY 2021	300	300	298	300	310	299	298	310	300	310	298	309	3,632	302.7
FY 2022	310	280	310	300	310	299	310	310	300	310	290	310	3,639	303.3
FY 2023	310	280	310	309	296	270	257	268	252	271	270	279	3,372	281.0
FY 2024	309	290	290										889	296.3
<b>CCMC LTC Avg. Census</b>														
FY 2021	10	10	10	10	10	10	10	10	10	10	10	10		9.9
FY 2022	10	10	10	10	10	10	10	10	10	10	10	10		10.0
FY 2023	10	10	10	10	10	9	8	9	8	9	9	9		9.2
FY 2024	10	10	9											9.8
<b>ER Visits</b>														
FY 2021	38	42	35	44	77	61	74	78	67	34	32	40	622	51.8
FY 2022	38	38	42	50	75	85	76	97	64	63	38	46	712	59.3
FY 2023	62	39	67	39	56	84	109	100	69	40	48	45	758	63.2
FY 2024	58	44	37										139	46.3
<b>PT Procedures</b>														
FY 2021	327	494	646	372	352	444	471	337	413	602	493	310	5,261	438.4
FY 2022	275	459	551	394	307	352	396	384	360	201	274	442	4,395	366.3
FY 2023	364	322	458	405	345	209	304	325	479	550	436	343	4,540	378.3
FY 2024	302	213	291										806	268.7
<b>OT Procedures</b>														
FY 2021	25	223	183	49	36	115	174	118	161	350	309	120	1,863	155.3
FY 2022	122	190	251	134	120	229	243	200	197	53	87	164	1,990	165.8
FY 2023	94	51	152	115	75	94	70	106	167	163	144	104	1,335	111.3
FY 2024	121	56	79										256	85.3
<b>Lab Tests</b>														
FY 2021	885	1,010	1,004	805	682	637	1,261	1,115	853	605	614	549	10,020	835.0
FY 2022	825	576	671	902	958	699	610	822	594	585	499	553	8,294	691.2
FY 2023	545	546	575	578	801	655	766	649	512	501	478	539	7,145	595.4
FY 2024	513	526	503										1,542	514.0
<b>X-Ray Procedures</b>														
FY 2021	48	50	49	64	64	70	79	86	88	68	53	72	791	65.9
FY 2022	82	63	64	94	60	82	69	93	51	72	58	61	849	70.8
FY 2023	72	45	63	49	50	88	97	107	83	71	61	67	853	71.1
FY 2024	76	54	88										218	72.7
<b>CT Procedures</b>														
FY 2021	24	27	26	20	27	32	28	38	25	16	12	22	297	24.8
FY 2022	21	21	36	25	29	42	31	26	16	30	15	28	320	26.7
FY 2023	30	18	22	18	16	36	39	34	26	4	23	24	290	24.2
FY 2024	38	27	2										67	22.3
<b>CCMC Clinic Visits</b>														
FY 2021	125	134	161	157	188	224	265	277	296	452	303	275	2,857	238.1
FY 2022	288	196	199	237	260	241	221	212	304	359	219	182	2,918	243.2
FY 2023	221	158	151	176	214	188	230	289	242	371	216	193	2,649	220.8
FY 2024	205	188	196										589	196.3
<b>Behavioral Hlth Visits</b>														
FY 2021	85	62	65	74	90	96	60	97	50	35	63	76	853	71.1
FY 2022	84	74	83	79	82	67	74	99	126	125	108	94	1,095	91.3
FY 2023	150	68	86	98	122	86	94	97	94	106	136	118	1,255	104.6
FY 2024	167	128	117										412	137.3

CORDOVA COMMUNITY MEDICAL CENTER  
 OPERATING/INCOME STATEMENT  
 FOR THE 3 MONTHS ENDING 03/31/24

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	S I N G L E M O N T H				Y E A R T O D A T E			
	ACTUAL	BUDGET	\$ VARIANCE	% VAR	ACTUAL	BUDGET	\$ VARIANCE	% VAR
<b>REVENUE</b>								
ACUTE	123,164	148,505	(25,340)	(17)	372,436	311,327	61,109	19
SWING BED	299,620	317,917	(18,297)	(5)	773,890	931,973	(158,082)	(16)
LONG TERM CARE	485,205	516,438	(31,232)	(6)	1,494,234	1,498,849	(4,615)	(0)
CLINIC	95,772	86,159	9,613	11	295,900	283,632	12,267	4
ANCILLARY DEPTS	212,746	296,348	(83,602)	(28)	702,420	902,758	(200,337)	(22)
EMERGENCY DEPART	241,974	464,345	(222,370)	(47)	833,377	1,037,358	(203,980)	(19)
BEHAVIORAL HEALT	21,489	24,311	(2,822)	(11)	84,195	72,801	11,394	15
RETAIL PHARMACY	155,826	103,520	52,306	50	452,790	341,627	111,163	32
<b>PATIENT SERVIC</b>	<b>1,635,799</b>	<b>1,957,545</b>	<b>(321,745)</b>	<b>(16)</b>	<b>5,009,245</b>	<b>5,380,327</b>	<b>(371,081)</b>	<b>(6)</b>
<b>DEDUCTIONS</b>								
CHARITY	(2,741)	8,162	10,903	133	6,659	26,105	19,445	74
CONTRACTUAL ADJU	571,999	709,844	137,845	19	1,566,152	1,415,621	(150,530)	(10)
ADMINISTRATIVE A	4,555	9,959	5,403	54	26,332	13,939	(12,393)	(88)
BAD DEBT	(396,953)	(216,000)	180,953	83	15,923	(158,000)	(173,923)	(110)
<b>DEDUCTIONS TOT</b>	<b>176,861</b>	<b>511,966</b>	<b>335,105</b>	<b>65</b>	<b>1,615,068</b>	<b>1,297,666</b>	<b>(317,401)</b>	<b>(24)</b>
<b>COST RECOVERIES</b>								
GRANTS	72,638	0	72,638	0	146,625	129,482	17,142	13
IN-KIND CONTRIBU	0	16,662	(16,662)	(100)	49,987	49,987	0	0
OTHER REVENUE	8,469	11,536	(3,067)	(26)	36,886	21,892	14,993	68
<b>COST RECOVERIE</b>	<b>81,108</b>	<b>28,199</b>	<b>52,909</b>	<b>187</b>	<b>233,499</b>	<b>201,363</b>	<b>32,136</b>	<b>15</b>
<b>TOTAL REVENUES</b>	<b>1,540,046</b>	<b>1,473,778</b>	<b>66,268</b>	<b>4</b>	<b>3,627,676</b>	<b>4,284,024</b>	<b>(656,347)</b>	<b>(15)</b>
<b>EXPENSES</b>								
WAGES	510,745	568,365	57,619	10	1,499,332	1,640,639	141,307	8
TAXES & BENEFITS	303,531	310,159	6,628	2	1,026,761	944,453	(82,308)	(8)
PROFESSIONAL SER	271,951	198,240	(73,711)	(37)	708,173	536,691	(171,481)	(31)
SUPPLIES	150,667	149,386	(1,280)	(0)	475,469	469,555	(5,913)	(1)
MINOR EQUIPMENT	1,291	3,909	2,617	66	9,827	8,073	(1,754)	(21)
REPAIRS & MAINT	13,620	11,077	(2,543)	(22)	37,302	42,573	5,270	12
RENTS & LEASES	11,034	12,361	1,327	10	35,303	43,844	8,541	19
UTILITIES	46,911	67,928	21,016	30	164,960	188,304	23,343	12
TRAVEL & TRAININ	8,007	10,937	2,929	26	22,206	26,161	3,955	15
INSURANCES	20,359	20,882	523	2	61,078	62,647	1,569	2
RECRUIT & RELOCA	190	838	648	77	460	1,581	1,120	70
DEPRECIATION	41,837	41,692	(145)	(0)	126,248	125,076	(1,171)	(0)
OTHER EXPENSES	27,056	9,689	(17,367)	(179)	55,996	46,615	(9,380)	(20)
<b>TOTAL EXPENSES</b>	<b>1,407,205</b>	<b>1,405,467</b>	<b>(1,738)</b>	<b>(0)</b>	<b>4,223,120</b>	<b>4,136,219</b>	<b>(86,901)</b>	<b>(2)</b>
<b>OPERATING INCO</b>	<b>132,840</b>	<b>68,310</b>	<b>64,530</b>	<b>94</b>	<b>(595,443)</b>	<b>147,805</b>	<b>(743,248)</b>	<b>(502)</b>
<b>NET INCOME</b>	<b>132,840</b>	<b>68,310</b>	<b>64,530</b>	<b>94</b>	<b>(595,443)</b>	<b>147,805</b>	<b>(743,248)</b>	<b>(502)</b>

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CORDOVA COMMUNITY MEDICAL CENTER  
 BALANCE SHEET  
 FOR THE MONTH ENDING: 03/31/24

	Current Year	Prior Year	Net Change
<b>ASSETS</b>			
<b>CURRENT ASSETS</b>			
CASH	2,123,906	1,943,751	180,154
NET ACCOUNT RECEIVABLE	2,463,235	2,560,658	(97,422)
THIRD PARTY RECEIVABLE	682	(45,319)	46,002
CLEARING ACCOUNTS	8,606	(22,882)	31,489
PREPAID EXPENSES	130,158	124,425	5,732
INVENTORY	458,997	467,449	(8,452)
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TOTAL CURRENT ASSETS	5,185,586	5,028,082	157,504
<b>PROPERTY PLANT &amp; EQUIPMENT</b>			
LAND	122,010	122,010	
BUILDINGS	8,666,889	8,666,889	
EQUIPMENT	9,678,306	9,625,416	52,889
CONSTRUCTION IN PROGRESS	650	4,038	(3,388)
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SUBTOTAL PP&E	18,467,855	18,418,354	49,501
LESS ACCUMULATED DEPRECIATION	(14,803,534)	(14,246,643)	(556,891)
	-----	-----	-----
TOTAL PROPERTY & EQUIPMENT	3,664,321	4,171,710	(507,389)
<b>OTHER ASSETS</b>			
GOODWILL - PHARMACY	150,000	150,000	
GOODWILL - PHARMACY	(93,750)	(78,750)	(15,000)
PERS DEFERRED OUTFLOW	1,037,998	1,037,998	
TOTAL OTHER ASSETS	1,094,248	1,109,248	(15,000)
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TOTAL ASSETS	9,944,156	10,309,041	(364,885)
	=====	=====	=====



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CORDOVA COMMUNITY MEDICAL CENTER  
 BALANCE SHEET  
 FOR THE MONTH ENDING: 03/31/24

	Current Year	Prior Year	Net Change
LIABILITIES AND FUND BALANCE			
CURRENT LIABILITIES			
ACCOUNTS PAYABLE	445,029	272,733	172,295
PAYROLL & RELATED LIABILITIES	791,691	748,918	42,773
INTEREST & OTHER PAYABLES	7,711	5,449	2,262
LONG TERM DEBT - CITY	5,466,458	5,466,458	
OTHER CURRENT LONG TERM DEBT	8,450	48,418	(39,968)
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TOTAL CURRENT LIABILITIES	6,719,341	6,541,979	177,362
LONG TERM LIABILITIES			
NET PENSION LIABILITY	8,148,107	8,148,107	
TOTAL LONG TERM LIABILITIES	8,148,107	8,148,107	
DEFERRED INFLOWS OF RESOURCES			
PENSION DEFERRED INFLOW	(2,907,065)	(2,907,065)	
TOTAL DEFERRED INFLOWS	(2,907,065)	(2,907,065)	
TOTAL LIABILITIES	11,960,383	11,783,021	177,362
NET POSITION (EQUITY)			
UNRESTRICTED FUND BALANCE	(1,439,297)	(1,937,496)	498,199
TEMPORARY RESTRICTED FUND BALANCE	18,513	18,513	
CURRENT YEAR NET INCOME	(595,443)	445,003	(1,040,446)
	-----	-----	-----
TOTAL NET POSITION	(2,016,227)	(1,473,979)	(542,247)
TOTAL LIABILITIES & NET POSITION	9,944,156	10,309,041	(364,885)
	=====	=====	=====

## CCMC 1<sup>st</sup> Quarter 2024 Medical Director Report

April 18, 2024

Quarterly chart reviews are performed for all deaths and transfers, along with random chart reviews for all physicians. This includes care in the emergency department. Fourth quarter of 2023 and first quarter of 2024 chart reviews will be performed in the next few weeks.

Our long-term care census is back down to 9 recently. We will continue to search for appropriate candidates and hope to be back up to 10 soon. We continue to have patients come and go from our swing bed program. Although we like to constantly have swing bed patients, we realize that the purpose of the swing program is to help people get the rehabilitation they need to return to their own home as quickly as possible. We feel we do an excellent job with this.

It is safe to say that the influenza season is essentially over after lasting a long time this season. Covid-19 cases are also down. We hope to keep the number of contagious illnesses low as we enter the spring and summer with the influx of our seasonal workers. We try to remind people in the community to wash their hands often, wear a mask if they are sick, stay home when sick if possible, monitor their children for illnesses and use good judgment on whether to send them to school if they are ill.

We expect more people in Cordova this summer than usual, in part due to the Shephard Point project. Although we have been informed that they will have some type of on site clinic, we can still expect to see these workers in the emergency department occasionally.

We still have our same emergency department physicians with the addition recently of Dr. William Murray Butner. We feel prepared for the spring and summer.

Workplace safety is always at the forefront of our minds, more so now than any time in recent history. This includes both patient safety and staff safety. We see people at some of the most stressful times in their lives. Their tempers may flare. They may say things they normally would not. And in the most extreme situations they may even threaten physical harm. We are having a de-escalation training for all CCMC staff in the next few weeks. Many healthcare organizations around the country are also recognizing the importance of giving their employees the tools they can use to help in these challenging and stressful situations. We are looking forward to learning more about what we can do to stay safe.

I hope everyone can stay healthy and is able to get out and enjoy spring and summer in Cordova. I also hope for a safe and successful fishing season for all people involved.

Respectfully,

Curtis M. Bejes, M.D.

CCMC Authority Board of Director's Quarterly Report  
April 19, 2024  
Clinic & Ancillary Services  
Tamara Russin

### **Clinic**

The first quarter of 2024 was quiet and steady. Although there were lingering coughs, this was not an active year for influenza or RSV in Cordova. Towards the end of March and beginning of April the Clinic begins to see an uptick with patients returning to Cordova after the winter for the beginning of fishing season.

Dr. Barry, pediatrician, will be here May 10. She is a colleague of Dr. Gifford's and is excited to be servicing Cordova for the next four pediatrician visits. Call 907-424-8200 to schedule.

Dr. Horner, Dermatology, had a great clinic on March 19. I wish I could convince her to return before next March!

Northland Audiology will return May 24 & 28.

### **Lab/Radiology/Rehab Services**

The new CT is up and running! All CT services have resumed.

It was great to have ultrasound services during this CT transition time. Providers have appreciated having the option to utilize ultrasound for young patients (reducing radiation exposure) and for issues such as gall bladder pain and deep vein thrombosis. The last day of ultrasound services at CCMC is May 1.

Lab services will be offered at the Health Fair on April 27. Orders from providers are needed for labs except for Lipid panels, Vitamin D, and Blood typing. We hope patients will make every effort to be at the Health Fair but if that is not possible, appointments will be made the following week at CCMC.

Rehab Services has been quiet. This seems to be partly due to fewer swing bed patients and partly due to the way insurances bill Rehab services: whether or not a patient's deductible has to be met before the co-pay/co-insurance kicks in. We want to work with patients to make sure payment isn't a barrier to getting the rehab they need, particularly after surgery. Please encourage anyone that voices concerns to you to reach out to Cindy in the Business Office for options.

DON Report

04/16/2024

### **Leadership**

CCMC is focused on patient and staff safety in all departments. Quality of patient care has been a focus of process improvement on the CAH side. We have informed staff of our new merit-based incentive program and have developed a point-based system that is department specific. Points are based on employee performance. Staff were overall positively receptive to this new concept.

### **Staffing**

We currently have four full-time permanent nurses, 2 PRN (as needed) ED nurses, and four travel nurses. We have not had a high enough census on the CAH side to bring on a swing nurse. The goal remains to utilize RNs that live in Cordova instead of bringing in additional travelers for this third shift. We are continuing to seek full-time ER and LTC nurses. Our Certified Nursing Assistances (CNA) are all permanent staff that work in multiple departments at times (swing/acute, unit clerk, lab, patient sitters), seven full time and six part time or as needed.

### **Education Plan**

In response to recent events at CCMC, we are organizing a mandatory training session on May 2<sup>nd</sup> and 3<sup>rd</sup>. The training will focus on verbal de-escalation skills and physical control maneuvers for all LTC and ED employees. This training has also been offered to all CCMC employees that may be interested in attending.

### **Census**

We currently have 9 Long Term Care residents and 1 swing bed patient. Our swing census has been low thus far this year and we are working hard on acquiring swing bed patients.

Let me know if you have any questions.

Alexus Allen, BSN

DON

## **Quarterly Board Report**

Sound Alternatives

Barb Jewell-Director of Community Services

### Behavioral Health

Sound Alternatives has continued to see an increase in individual clients as well as visits. Stable staffing has allowed us to provide more services to more individuals. Staff provided services to 43 individual clients and 367 visits this quarter. Holly Maguire, LPC joined us in February as a permanent Directing Clinician, filling a position that had been open for over two years. Liz King completed her licensure and promptly went on maternity leave. She will return in late fall. Our temporary Clinician Missi will be leaving 4/12/24. We have a new temporary clinician arriving 4/15/2024. If all goes as planned, we will be fully and permanently staffed in October and will not need to rely on temporary staff.

### Community Case Management Program

Having stable staffing in this position continues to improve our ability to meet community needs. The Community Case manager provided services to 9 individuals over 45 visits, linking them with health care, housing and other community supports. which have included assistance with benefit applications (ex: Medicaid, food stamps, heating assistance), housing options and applications, and health care referrals to name a few.

The Community Case Manager has been working with our local Public Health Nurse to publish a Quarterly Community newsletter providing information and resources regarding social determinants of health. It has been a challenge to manage and distribute content in a manageable way. They have determined that they will publish a smaller, monthly version going forward.

Other projects include also working with NVE, public health and CFRC to establish a community Diaper Bank for Cordova and hosting a Family Gardening Day April 20<sup>th</sup> in recognition of Child Abuse Prevention Month.

### Dietary & Senior Services

Dietary staff provided a total of 6352 meals this quarter: 1640 meals for Long Term Care, 3877 meals for seniors through the congregate and Home delivered meals, 503 for staff and 84 for Acute Care Patients and 248 meals for swing bed patients.

The Shelf Stable meals offering was delayed due to ordering issues, so we had some weeks without it which resulted in a lower meal count this quarter. The funding for this program and Fresh Fruit Fridays will end in July, so we will not be offering those programs past that date. Our continuation grant proposal for FY 25 has been submitted.

Board of Directors  
Quarterly Quality Report  
April 2024

CCMC continues to prioritize continuous quality improvement through staff education, process improvement projects, regular facility surveillance and chart reviews. The quality improvement committee meets quarterly. The last quarterly meeting was held in January 2024.

Recent quality related events:

- We have identified several new quality improvement projects for this year. We used CMS survey data, staff and leadership feedback to decide upon this year's process improvement projects. Projects include: hand hygiene monitoring, more robust and frequent environment of care rounds. C.N.A. education levels and C.N.A. medication administration privileges.
- Facility wide, we instituted our merit based bonus rubric. We are hopeful this will give us a valuable tool for providing expectations and guidance to all CCMC staff as well as recognizing and rewarding employees.
- In partnership with Alaska Healthcare and Hospital Association, we are bringing an experienced trainer to CCMC to offer a 4 hour de-escalation technique course for front line staff. We believe this will help give staff the tools and confidence to navigate potentially aggressive patients and individuals within CCMC.
- Next year, the hospital will be required to complete Social Determinants of Health screener questions with patients to stay in compliance with the CMS requirements. I will be exploring with staff, patients and probably you (!), how best to roll out this screening.

On-going quality related activities:

- All emergency room and inpatient admission charts are reviewed and evaluated for appropriateness of care and complete documentation. Any findings are discussed with the appropriate staff and plan of action is created.
- Our interdisciplinary team meets weekly to discuss all swing bed and awaiting LTC care patients. This team includes DON, RN, physician on-call, PT, OT, pharmacist, case manager and Director of Operations. We focus on current and future care needs, as well discharge planning.

Noelle Camarena  
Director of Operations

# Memorandum

To: CCMC Hospital Services Board  
Subject: Hospital Services Board Election of Officers  
Date: 4/20/2024

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**Suggested Motion:** "I move to nominate the following Board Members to serve as Officers of the CCMC Hospital Services Board until the next Election of Officers in April 2025 or until their seat expires whichever comes first."

\_\_\_\_\_ as Chairperson  
\_\_\_\_\_ as Vice-Chairperson  
\_\_\_\_\_ as Secretary/Treasurer

**CCMC Hospital Services Board Members:**

Kelsey Hayden  
Liz Senear  
Ann Linville  
Diane Ujioka

# May 2024

◀ Apr 2024

Jun 2024 ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30 <b>Hospital Services Board Meeting 12PM ZOOM only</b>	31	