

AGENDA CCMC AUTHORITY BOARD OF DIRECTORS ZOOM MEETING OR TELECONFERENCE

October 28, 2021 at 6:00PM

AT CCMC. \	NE BELIEVE THAT	HEALTHY PEOPLE (CREATE A HEALTHY	COMMUNITY.

Board	l of Di	irectors
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Linnea Ronnegard exp. 3/24
Greg Meyer exp. 3/22
Liz Senear exp. 3/24
Kelsey Hayden exp. 3/23
Janice Warga exp. 3/22

<u>CEO</u>

Hannah Sanders, M.D.

OPENING: Call to Order

Roll Call – Linnea Ronnegard, Greg Meyer, Kelsey Hayden, Liz Senear, and

Janice Warga.

Establishment of a Quorum

A. COMMUNICATIONS BY AND PETITIONS FROM VISITORS (Speaker must give name and agenda item)

- 1. Audience Comments
- Guest Speaker
- **B. CONFLICT OF INTEREST**
- C. APPROVAL OF AGENDA
- D. APPROVAL OF MINUTES

1. September 30, 2021 Regular Meeting Minutes Pgs 1-2

E. REPORTS OF OFFICERS OR ADVISORS

1. Board Chair Report

2.	CEO Report	Pg 3
3.	CFO Report	Pgs 4-8
4.	Medical Director Quarterly Report	Pg 9
5.	Quality & Infection Control Quarterly Report	Pgs 10-12
6.	Ancillary Services Quarterly Report	Pg 13
7.	Nursing Department Quarterly Report	Pg 14
8.	Sound Alternatives Quarterly Report	

F. ACTION ITEMS

Meal Delivery and transportation approval
 Pg 15

G. DISCUSSION ITEMS

- **H. AUDIENCE PARTICIPATION (limited to 3 minutes per speaker)** Members of the public are given the opportunity to comment on matters which are within the subject matter jurisdiction of the Board and are appropriate for discussion in an open session.
- I. BOARD MEMBERS COMMENTS
- J. EXECUTIVE SESSION ~ None
- H. ADJOURNMENT

Due to COVID-19, we ask that you not come to CCMC to attend Board meetings in person.

This Board of Directors meeting will be held via ZOOM:

https://us02web.zoom.us/j/4675701050?pwd=TXEvSFVHOHhIL1JvOGNua1RUUjdQUT09

Meeting ID: 467 570 1050; Passcode: 379187

To call in: 1-253-215-8782

Meeting ID: 467 570 1050; Passcode: 379187

For a full packet, go to www.cityofcordova.net/government/boards-commissions/health-services-board

*Executive Session: Subjects that may be considered in executive session are: 1) Matters, immediate knowledge of which would clearly have an adverse effect upon the finances of the public entity; 2) Subjects that tend to prejudice the reputation and character of any person, provided that the person may request a public discussion; 3) Matters which by law, municipal charter, or ordinance are required to be confidential; 4) Matters involving consideration of governmental records that by law are not subject to public disclosure; 5) Direction to an attorney or labor negotiator regarding the handling of specific legal matters or labor negotiations.

Minutes

CCMC Authority – Board of Directors Via ZOOM Meeting or Teleconference September 30, 2021 at 6:00pm Regular Meeting

CALL TO ORDER AND ROLL CALL -

Linnea Ronnegard called the Board Meeting to order at 6:00pm.

Board members present: **Linnea Ronnegard, Greg Meyer, Janice Warga, and Kelsey Hayden** (arrived at 6:03pm).

Quorum was established. 4 members present

CCMC staff present: Dr. Hannah Sanders, Tamara Russin, Denna Stavig, Eric Price, and Faith Wheeler-Jeppson.

A. COMMUNICATIONS BY AND PETITIONS FROM VISITORS

- **1. Audience Comments** ~ A letter from Cathy Sherman was in the packet.
- **2. Guest Speaker** Shaun Johnson, CPA reviewed the 2020 Audit report with the Board of Directors.
- **B. CONFLICT OF INTEREST** ~ None
- C. APPROVAL OF AGENDA

M/Warga S/Hayden "I move to approve the Agenda."

<u>Warga – yea, Hayden – yea, Ronnegard – yea, Meyer – yea, and Senear- absent.</u> <u>4 yeas, 0 nay, 1 absent; Motion passed.</u>

D. APPROVAL OF MINUTES

1. August 26, 2021 Regular Meeting Minutes

M/Warga S/Hayden "I move to approve the August 26, 2021 Regular Meeting Minutes."

<u>Meyer – yea, Warga – yea, Hayden – yea, Ronnegard – yea, and Senear - absent.</u> <u>4 yeas, 0 nay, 1 absent; Motion passed.</u>

E. REPORTS OF OFFICERS and ADVISORS

- **1. Board Chair report** Linnea Ronnegard had nothing to report.
- 2. CEO Report Dr. Sanders stated that her written report is in the packet, she added that we are working with NVE and Clay Koplin with the City, we are working together to search for infrastructure funding for Cordova's healthcare services. We are moving forward looking for money to build a Hospital & Clinic together. We're talking about how to best provide services to the community. We have our new Controller, Denna Stavig, it's working really well having Denna and Paige here and having Eric as the remote CFO. Kelly Kedzierski has resigned as CNO and will be leaving Cordova in mid-October. Kadee Goss has applied for the CNO position.
- 3. **CFO Report** Eric Price reviewed the Financials with the Board; a few highlights are that we are still seeing high volumes in the Clinic, and Lab. We budgeted a little low on Contractual adjustments. We currently do not have a Bad Debt process in place, Alieta Bond is working on that. Total expenses are slightly higher, and our Total Liabilities and Net Position are comparable to 2020.

F. ACTION ITEMS

1. Delineation of Privileges for Saad Abdul Sami Mir, MD

M/Hayden S/Warga "I move that the CCMC Authority Board of Directors approve the Delineation of Telemedicine Privileges for Saad Abdul Sami Mir, MD with Alaska Regional Psychiatry as presented."

<u>Hayden – yea, Ronnegard – yea, Meyer – yea, Warga – yea, and Senear - absent.</u> 4 yeas, 0 nay, 1 absent; Motion passed.

2. Approval of Server Upgrade Project

M/Warga S/Hayden "I move that the CCMC Authority Board of Directors approve the Capital Projects Server Upgrade for a total of \$28,245."

<u>Meyer – yea, Ronnegard – yea, Warga – yea, Hayden – yea, and Senear - absent.</u> <u>4 yeas, 0 nay, 1 absent; Motion passed.</u>

G. DISCUSSION ITEMS ~ None

H. AUDIENCE PARTICIPATION ~ None

I. BOARD MEMBERS COMMENTS

Hayden ~ Thank you all for your hard work.

Warga ~ Thank you for the Audit Report and the Financials.

Meyer \sim Eric, I know it's hard being in the hot seat, but we do appreciate your hard work and you did kind of walk into a hornet's nest, good job and keep it up. Good job everyone. **Ronnegard** \sim I wanted to say that I came into the ER with a family member and Dr. Woelk and the Nurses were there. I wanted to say how wonderful staff was, they provided excellent care. And Eric, we do understand that it's been a hard road to hoe for the last year or so. Thank you to all of the staff, and welcome Denna.

J. EXECUTIVE SESSION ~ None

K. ADJOURNMENT

M/Hayden S/Warga "I move to adjourn"

Linnea Ronnegard declared the meeting adjourned at 7:50pm.

Prepared by: Faith Wheeler-Jeppson

CEO Report Board Meeting October 2021

CCMC continues to see improved stability. Looking back, we can identify several key changes that occurred over the past two years that have helped us get to the position we are currently in. Some of the key factors include utilizing a domestic coding company and improved billing practices, hiring both and occupational therapist and physical therapy assistant allowing us to increase rehab service volume, decreasing reliance on premium cost staffing agencies, improved accounting and cost capture, hiring unit clerks to ensure front end processes are done correctly, broadening services, adjusting pricing strategy, and most importantly improving the quality of care we provide. As these improvements continue to come together, Cordova will continue to benefit from improved healthcare services and CCMC will continue to see improved financial stability.

Services:

LTC: Daniella Rossi has stepped up to the role as the interim long-term care director of nursing. She is a certified nurse leader and has a master's in nursing. We are happy to have her leadership for our facility. LTC volumes remain at capacity.

ER/ Hospital/SWING: Kadee Goss has assumed the hospital CNO position. Swing bed volumes continue to be high due to increased rehab service utilization.

Clinic: The outpatient clinic continues strong. Last month we had our first podiatry clinic. CCMC continues to pursue bringing specialists into Cordova for clinics to allow better access and decrease the need to travel for care.

Sound Alternatives: No change in services. We continue to recruit for behavioral health staff. Providing substance use rehabilitation services, we have added a sign on bonus for this position and continue to try our best to recruit.

Rehabilitation Services

No changes, we continue to offer expanded access to services and plan to move as soon as supplies are available.

Cordova Community Medical Center Statistics	Center St	atistics												
	સ	78	3	90	સ	30	સ	સ	30	3	30	સ		
	Jan	Feb	Mar	Apr	May	Jun	Ιn	Ang	Sep	ಕ 0	Nov	Dec	<u>ĕ</u>	Monthly
HOSP Acute+SWB Avg. Cerisus FY 2019	3.5	16	12	14	1.2	-	2.4	88	er.	3.2	4.0	4.3	lotal	Average 2.5
FY 2020	3.3	2.1	2.4	2.7	1.7	1.1	1.0	0.3	0.7	1.0	1.8	1.0		1.6
FY 2021	1.3	3.2	2.2	1.7	2.2	1.6	2.1	2.4	3.3	0.0	0.0	0.0		1.7
Acute Admits		1			1									Ī
FY 2019	9	0	2	4	2	_	3	9	4	2	3	3	36	3.0
FY 2020	2	0	Т	3	0	2	7	5	4	1	9	2	33	2.8
FY 2021	2	9	4	-	8	7	4	4	4				40	4.4
Acute Patient Days		•	•	•		•	•				•		•	Ī
FY 2019	33	0	9	12	7	4	13	10	12	3	10	11	121	10.1
FY 2020	4	0	4	14	4	4	17	6	∞	3	36	9	109	9.1
FY 2021	4	13	8	2	17	11	6	14	15				93	10.3
SWB Admits	-													
FY 2019	2	0	0	0	0	0	3	0	0	2	_	_	6	0.8
FY 2020	1	1	1	1	0	0	0	0	1	1	0	1	7	9.0
FY 2021	2	2	0	1	1	0	2	2	4				14	1.6
SWB Patient Days														
FY 2019	75	44	31	30	31	30	61	93	98	96	109	121	908	67.2
FY 2020	66	61	70	67	49	30	14	0	13	29	19	24	475	39.6
FY 2021	37	77	09	49	20	36	22	09	82				209	9.99
CCMC LTC Admits														
FY 2019	2	0	1	0	0	0	0	0	0	0	1	0	4	0.3
FY 2020	0	1	0	0	1	0	2	0	0	0	3	0	7	9.0
FY 2021	0	0	0	0	0	0	2	0	0				2	0.2
CCMC LTC Resident Days														
FY 2019	299	278	308	300	310	300	280	310	300	310	300	303	3,598	299.8
FY 2020	310	289	310	293	296	300	301	310	300	309	277	310	3,605	300.4
FY 2021	300	300	298	300	310	299	298	310	300				2,715	301.7
CCMC LTC Avg. Census														
FY 2019	10	6	10	10	10	10	6	10	10	10	10	10		9.8
FY 2020	10	10	10	10	10	10	10	10	10	10	6	10		9.8
FY 2021	10	10	10	10	10	10	10	10	10					6.6
ER Visits														
FY 2019	31	41	47	54	09	22	89	81	64	43	22	28	294	49.5
FY 2020	35	38	34	23	52	51	49	47	35	35	29	38	466	38.8
FY 2021	38	42	35	44	77	61	74	78	29				516	57.3
PT Procedures			•			•	•	•	•		•	•	•	
FY 2019	443	423	438	440	381	358	305	352	294	295	321	311	4,361	363.4
FY 2020	404	409	314	218	285	279	201	242	322	363	320	338	3,695	307.9
FY 2021	327	464	646	372	352	444	471	337	413				3,856	428.4
OT Procedures														

FY 2019	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0
FY 2020	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0
FY 2021	25	223	183	49	36	115	174	118	161				1,084	0.0
Lab Tests	-				-]			•			
FY 2019	330	356	255	361	423	244	404	473	378	310	392	406	4,332	361.0
FY 2020	277	295	233	355	657	1,441	2,229	1,895	1,319	1,084	1,263	1,165	12,213	1,017.8
FY 2021	885	1,010	1,004	802	682	289	1,261	1,115	853				8,252	916.9
X-Ray Procedures														
FY 2019	46	48	83	0	0	86	94	6/	22	29	29	46	689	57.4
FY 2020	46	49	22	42	52	62	62	28	63	44	47	39	619	51.6
FY 2021	48	20	49	64	64	20	6/	98	88				298	66.4
CT Procedures														
FY 2019	19	12	13	15	26	11	24	35	21	9	12	19	213	17.8
FY 2020	12	14	13	18	20	23	19	23	22	20	20	20	224	18.7
FY 2021	24	27	56	20	27	32	28	38	25				247	27.4
CCMC Clinic Visits														
FY 2019	162	161	144	178	250	202	247	252	207	360	183	173	2,522	210.1
FY 2020	184	193	141	112	121	151	150	150	152	138	128	127	1,747	145.6
FY 2021	125	134	161	157	188	224	265	277	296				1,827	203.0
Behavioral HIth Visits														
FY 2019	62	86	69	09	88	98	82	94	101	148	112	108	1,109	92.4
FY 2020		138	138	124	113	126	86	104	102	115	123	116	1,297	117.9
FY 2021	85	62	99	74	06	96	09	6	20				629	75.4

CORDOVA COMMUNITY MEDICAL CENTER OPERATING/INCOME STATEMENT FOR THE 9 MONTHS ENDING 09/30/21

10/25/21 10:04 AM

----- S I N G L E M O N T H ---------- Y E A R T O D A T E -----ACTUAL BUDGET \$ VARIANCE \$ VAR ACTUAL BUDGET \$ VARIANCE % VAR REVENUE 483,795 343,750 1,404,881 935,000 119,526 37,650 275,744 102,900 81,876 217 483,795 172,844 167 1,404,881 ACUTE 140,045 40 SWING BED 469,881 50 (21,175)LONG TERM CARE 394,524 415,700 (5) 3,504,728 3,783,200 (278,471)(7) 59,757 53,600 11 542,724 6,157 488,000 54,724 11 CLINIC 38,256 125,702 21 2,014,249 ANCILLARY DEPTS 212,756 1,589,100 425,149 174,500 2.6 EMERGENCY DEPART 264,102 138,400 90 2,007,703 1,259,600 748,103 59 (24,299) (78) 3,103 2 169,878 281,400 976,511 942,700 BEHAVIORAL HEALT 6,600 30,900 (111,521)(39) RETAIL PHARMACY 106,703 103,600 33,811 382,465 36 11,104,474 PATIENT SERVIC 1,439,715 1,057,250 9,622,750 1,481,724 15 DEDUCTIONS

 8,248
 83
 44,840
 89,800

 (39,795)
 (24)
 1,845,093
 1,483,000

 (7,078)
 (65)
 338,105
 136,600

 45,900
 100
 0
 412,500

 CHARITY 1,651 9,900 CONTRACTUAL ADJU 203,295 163,500 44,959 50 (362,093) (24) 10,800 ADMINISTRATIVE A 17,878 (201,505) (147)412,500 BAD DEBT 0 45,900 100 _____ -----_____ DEDUCTIONS TOT 222,825 230,100 7.274 3 2,228,038 2,121,900 (106.138) (5) COST RECOVERIES

 5,002
 86,200
 (81,197)
 (94)

 0
 0
 0
 0

 940
 19,300
 (18,359)
 (95)

 5,567
 8,400
 (2,832)
 (33)

 829,100 GRANTS 308,759 (520,340) (62) PPP GRANT 1,113,148 0 1,113,148 Λ 155,718 173,700 (17,981)IN-KIND CONTRIBU (10) OTHER REVENUE 198,304 75,200 123,104 163 697,929 113,900 1,078,000 COST RECOVERIE 11,509 (102,390) (89) 1,775,929 _____ _____ TOTAL REVENUES 1,228,400 941,050 287,350 30 10,652,364 8,578,850 2,073,514 EXPENSES 412,210 373,500 WAGES (38,710) (10) 3,676,402 3,548,200 (128,202) (3) TAXES & BENEFITS 233,618 184,600 (13) (49,018) (26) 1,993,242 1,749,150 (244,092) (30,549) (22) PROFESSIONAL SER 165,649 SUPPLIES 127,217 135,100 1,355,611 1,225,500 (130,111) (10)94,600 1,098,392 860,200 (32,617) (34) (238,192) (27) 2,400 1,775 73 7,061 25 576 6 9,156 23 14,943 MINOR EQUIPMENT 624
REPAIRS & MAINTE 21,038 30,256 45,200 33 166,879 265,800 25 98,920 37 9,200 38,900 98,400 352,900 RENTS & LEASES 8,623 95,252 3,147 3 UTILITIES 29,743 388,457 (35,557)(10) TRAVEL & TRAININ (2,934) (209) 24,494 139,161 24,494 4,334 1,400 12,500 (11,994)(95) 13,897 15,700 1,071 4,600 47,165 59,300 1,802 11 147,900 INSURANCES 8,738 5 76 RECRUIT & RELOCA 3,528 38,089 45,600 7,510 16 DEPRECIATION 12,134 20 419,388 498,900 79,511 15 232,336 272,800 40,463 35,498 30,000 (5,498) (18) OTHER EXPENSES TOTAL EXPENSES 1,100,692 977,400 (123,292) (12) 9,657,964 9,123,050 (534,914)(5) 451 282 OPERATING INCO 127,707 (36,350) 164,057 994,400 (544,200) 1,538,600 NET INCOME 127,707 (36,350) 164,057 451 994,400 (544,200) 1,538,600 282 <u>------6</u> ------

CORDOVA COMMUNITY MEDICAL CENTER

BALANCE SHEET

10/25/21 10:04 AM

FOR THE MONTH ENDING: 09/30/21

	Current Year	Prior Year	Net Change
ASSETS			
CURRENT ASSETS			
CASH	1,508,306	3,410,304	(1,901,998)
NET ACCOUNT RECEIVABLE	1,905,388	1,064,384	841,003
THIRD PARTY RECEIVABLE	462		
CLEARING ACCOUNTS	747,735	206,833	540,902
PREPAID EXPENSES	129,616	94,613	35,002
INVENTORY	494,511	397,533	96,978
TOTAL CURRENT ASSETS	4,786,020	5,174,132	(388,111)
PROPERTY PLANT & EQUIPMENT			
LAND	122,010	122,010	
BUILDINGS	7,664,341	7,664,341	
EQUIPMENT	9,189,524	8,396,829	792,695
CONSTRUCTION IN PROGRESS	943,364		943,364
SUBTOTAL PP&E		16,183,180	1,736,059
LESS ACCUMULATED DEPRECIATION		(12,744,027)	
TOTAL PROPERTY & EQUIPMENT		3,439,153	
OTHER ASSETS			
GOODWILL - PHARMACY	150,000	150,000	
GOODWILL - PHARMACY	(56,250)	(41,250)	(15,000)
PERS DEFERRED OUTFLOW	832,470	832,470	
TOTAL OTHER ASSETS	926,220	941,220	(15,000)
TOTAL ASSETS	10,333,354	9,554,506	778,848
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BALANCE SHEET

FOR THE MONTH ENDING: 09/30/21

	Current Year	Prior Year	Net Change
LIABILITIES AND FUND BALANCE			
CURRENT LIABILITIES			
ACCOUNTS PAYABLE	305,050	293,508	11,541
PAYROLL & RELATED LIABILITIES	844,456		
PPP LOAN			(1,113,148)
UNEARNED REVENUE	3,621,785	3,621,785	
INTEREST & OTHER PAYABLES	(18,624)	(13,134)	(5,490)
LONG TERM DEBT - CITY	5,741,458	5,466,458	275,000
OTHER CURRENT LONG TERM DEBT		347,006	
TOTAL CURRENT LIABILITIES		11,304,357	
LONG TERM LIABILITIES			
2015 NET PENSION LIABILITY	5,963,724	5,963,724	
TOTAL LONG TERM LIABILITIES	5,963,724	5,963,724	
DEFERRED INFLOWS OF RESOURCES			
PENSION DEFERRED INFLOW	514,539	514,539	
TOTAL DEFERRED INFLOWS	514,539	514,539	
TOTAL LIABILITIES	17,210,485	17,782,620	(572,134)
NET POSITION (EQUITY)			
UNRESTRICTED FUND BALANCE	(7,909,689)	(6,215,920)	(1,693,768)
TEMPORARY RESTRICTED FUND BALANCE	18,513	18,513	
CURRENT YEAR NET INCOME		(2,030,707)	
TOTAL NET POSITION		(8,228,114)	
TOTAL LIABILITIES & NET POSITION	10,333,354	9,554,506	•

Quarterly Medical Director Report

October 18, 2021

Dr. Ledda will be ending his regular monthly shifts in January. He would like to maintain privileges in the event we need his assistance periodically.

Dr. Head and Dr. Iutzi, from Ilanka, are working more shifts in the ER which helps cover Dr. Ledda's portion of the coverage.

There is currently a job posted for another physician with CCMC. We have had interest from some ER providers, but a Family Medicine provider would fit the hospitals needs more completely, because they can also provide coverage in the clinic and inpatient medicine services.

Currently we have visiting Podiatry, Pediatric, and Orthopedic specialty clinics.

Our inpatient service has been very busy with swing bed/rehab patients which is an excellent financial boost for the hospital. This robust service has really helped us utilize our physical therapy and occupational therapy providers.

We recently had a sick Covid patient which required us to use our high flow nasal cannula and ventilator. Both units are fully functional and are an asset in the event we have further severe respiratory cases.

We also have recently acquired optometry equipment that will allow us to better manage acute angle glaucoma and management of foreign bodies in the eye or corneal abrasions.

I also wanted to speak with the board members at this upcoming meeting to get some feedback as to any particular topics that you would like me to address with future Medical Director Reports.

To: CCMC Authority Board of Directors

From: Kelly Kedzierski, RN

RE: October 2021 Quality Improvement Report

Quality Improvement

The CCMC team is continuously and consistently working hard to build a healthcare system that focuses on keeping our community healthy, provides appropriate and timely access to excellent healthcare, and provides the right care, at the right time, in the right place, all the while promoting focused improvement.

The last Quality meeting was held on September 2nd, 2021 where we discussed:

- Plans of correction tasks and completions
- Working on Process Improvement Projects in each department
- Being Survey Ready
- Environmental Care rounds ongoing

Our next Quality meeting will be held on December 9th, 2021.

To: CCMC Authority Board of Directors

From: Kelly Kedzierski, RN

RE: October 2021 Infection Prevention

Infection Control

Our nursing staff, our lab staff and all of our staff are dedicated and working hard for the safety of the community.

Our last infection control meeting was held on October 13, 2021.

Fun Facts: Per the CDC-The following is a list of all the health and age factors that are known to increase a person's risk of getting serious complications from flu:

- Adults 65 years and older
- Children younger than 2 years old1
- Asthma
- Neurologic and neurodevelopment conditions
- Blood disorders (such as sickle cell disease)
- Chronic lung disease (such as chronic obstructive pulmonary disease [COPD] and cystic fibrosis)
- Endocrine disorders (such as diabetes mellitus)
- Heart disease (such as congenital heart disease, congestive heart failure and coronary artery disease)
- Kidney diseases
- Liver disorders
- Metabolic disorders (such as inherited metabolic disorders and mitochondrial disorders)
- People who are obese with a body mass index [BMI] of 40 or higher
- People younger than 19 years old on long-term aspirin- or salicylate-containing medications.
- People with a weakened immune system due to disease (such as people with HIV or AIDS, or some cancers such as leukemia) or medications (such as those receiving chemotherapy or radiation treatment for cancer, or persons with chronic conditions requiring chronic corticosteroids or other drugs that suppress the immune system)
- People who have had a stroke

Other people at higher risk from flu:

- Pregnant people and people up to 2 weeks after the end of pregnancy
- People who live in nursing homes and other long-term care facilities
- People from certain racial and ethnic minority groups are at increased risk for hospitalization with flu, including non-Hispanic Black persons, Hispanic or Latino persons, and American Indian or Alaska Native persons
- Although all children younger than 5 years old are considered at higher risk of serious flu complications, the highest risk is for those younger than 2 years old, with the highest hospitalization and death rates among infants younger than 6 months old.

Influenza Vaccine: Who Should Get It, and Who Should Not







Everyone 6 months and older is recommended for annual influenza vaccination, with rare exceptions. This flu season, ACIP recommends annual influenza vaccination for everyone 6 months and older with any licensed, age-appropriate influenza vaccine (IIV4, RIV4, or LAIV4) with no preference expressed for any one vaccine over another. Some vaccines are not recommended in some situations and for people of certain ages or with certain health conditions, and some people should not receive influenza vaccines at all (though this is uncommon).

Different flu vaccines are approved for people of different ages. Everyone should get a vaccine that is appropriate for their age.

Influenza (Flu) Shots

People who can get a flu shot

- There are inactivated injectable influenza vaccines (flu shots) that are approved for people as young as 6
- Some vaccines are only approved for adults. As examples, the recombinant influenza vaccine is approved for people aged 18 years and older, and the adjuvanted and high-dose inactivated vaccines are approved for people aged 65 years and older.
- Flu shots are recommended for pregnant people and people with certain chronic health conditions.
- Most people with an egg allergy can get a flu shot.

People who SHOULD NOT get a flu shot

- Children younger than 6 months are too young to get a flu shot.
- People with severe, life-threatening allergies to flu vaccine or any ingredient in the vaccine. This might include gelatin, antibiotics, or other ingredients. See special considerations regarding egg allergy for more information about egg allergies and flu vaccine.

People who should talk to their doctor before getting a flu shot:

If you have one of the following conditions, talk with your health care provider. He or she can help decide whether vaccination is right for you, and help select the best vaccine for your situation:

- If you have an allergy to eggs or any of the ingredients in the vaccine. Talk to your health care provider about your allergy. See special considerations regarding egg allergy at the bottom of this document for more information about egg allergies and flu vaccine.
- If you ever had Guillain-Barré Syndrome (a severe paralyzing illness, also called GBS). Some people with a history of GBS should not get this vaccine. Talk to your health care provider about your GBS history.
- If you are not feeling well, talk to your health care provider about your symptoms.

CCMC Authority Board of Director's Quarterly Report October 25, 2021 Clinic & Ancillary Services Tamara Russin

Clinic

Clinic is busy with flu shots, covid booster shots, and other vaccines. Covid testing for symptomatic patients is also through the Clinic.

Dr Gray from Alaska Orthopedic Specialists returned to Cordova in September. Dr. Kaufman and Dr. Fiacco from Anchorage Foot and Ankle had their first clinic at the beginning of October. Both of these specialty clinics kept the radiology department very busy!

Dr. MacNeil will be seeing pediatric patients November 30. Having specialists come to Cordova provides great continuity of care for our patients.

Lab/Radiology/PT/OT

Unfortunately our permanent radiology technician needed to leave Cordova in October. However, she was able to get the limited radiology technician program started at CCMC and three current employees have begun the training. Once they finish the course and hands on training, they are eligible to sit for their limited license and provide xray services under the guidance of a radiology technician. Having several people available to provide xrays as needed is great back up for the department. Currently the department is staffed with rad techs that have been here before as well as Jeff Bailey as we look for a permanent replacement.

The laboratory department is doing well. Kathleen, the CCMC grown lab assistant, is doing an excellent job in lab as well as providing coverage in the hospital as needed. She recently took on the job of infection preventionist as well.

Kathleen and the limited radiology technician program are great examples of ways we hope to continue supporting current CCMC employees to develop their careers right here in Cordova and provide excellent, consistent services to our community.

Rehab Services is a busy department at CCMC. The increased number of inpatients increased the need for rehab services. Erin remains the sole OT for now and Chip, a returning PT for CCMC, is filling the role of PT at least until spring. He and Melanie work together to see patients for physical therapy and accommodate patient schedules as possible. This department will be moving upstairs before the end of the year so that will be an exciting change for patients and staff.

Nursing Report October 13, 2021 Kadee Goss BSN

Nursing Leadership

Transition in Leadership for the Nursing Department. Kadee Goss CNO and Daniella Rossi interim DON. The focus of nursing leadership at CCMC is to improved quality of care, improved patient satisfaction, and improved employee satisfaction.

Following the state survey results we have been focusing on infection control, quality improvement and residents' rights.

Nurse Staffing

We continue to seek out permanent nursing staff to join the CCMC nursing team. We currently have seven fulltime permanent RN's and two travel RN's. We currently are seeking an RN or LPN for LTC and an ER nurse.

Nursing Department Education Plan

Recent and upcoming staff education includes, personal protective equipment, oxygen equipment, equipment cleaning, foley care, nail care, and restorative program as well as continued computer courses through Relias.

Nursing Department Plan

CCMC continued to monitor COVID case for resident visitor safety. COVID boosters continue to be offered and given to patients and residents.

We currently have 10 LTC residents and five swing patients and we hope to continue to keep these numbers. We are grateful that we have PT and OT to provide the services needed. We have added a C.N.A to assist on the hospital side to help our five swing bed patients with activities of daily living.

Kadee Goss BSN

CNO



Memorandum

To: CCMC Authority Board of Directors

From: Dr. Hannah Sanders, Chief Executive Officer Subject: Meal Delivery and Transportation approval

Date: 10/25/2021

It has come to our attention that the van we currently have cannot get up the hills in the winter which severely impacts our ability to deliver meals and provide rides. Use of both vehicles have significantly increased in use and need due to changes in operations and meal delivery due to the pandemic. This is a critical service and we would like to continue to be able to provide it to our community.

Suggested Motion: "I move that the CCMC Authority Board of Directors approve the purchase of two all-wheel drive vehicles for total of up to \$80,000."