



AGENDA
CCMC AUTHORITY BOARD OF DIRECTORS
CCMC CONFERENCE ROOM
March 28th 2019 at 6:00PM
REGULAR MEETING

AT CCMC, WE BELIEVE THAT HEALTHY PEOPLE CREATE A HEALTHY COMMUNITY.

Board of Directors

Kristin Carpenter exp. 3/20
Barbara Solomon exp. 3/22
Greg Meyer exp. 3/22
Linnea Ronnegard exp. 3/21
Gary Graham exp. 3/21

CCMC CEO

Scot Mitchell

OPENING: Call to Order

Roll Call – Kristin Carpenter, Linnea Ronnegard, Gary Graham, Greg Meyer, and Barbara Solomon. Establishment of a Quorum

A. APPROVAL OF AGENDA

B. CONFLICT OF INTEREST

C. COMMUNICATIONS BY AND PETITIONS FROM VISITORS (Speaker must give name and agenda item to which they are addressing.)

1. Audience Comments (limited to 3 minutes per speaker).
2. Guest Speaker

D. BOARD DEVELOPMENT

E. APPROVAL OF MINUTES

1. February 28, 2019 Regular Meeting Minutes Pgs 1-2

F. REPORTS OF OFFICER and ADVISORS

1. Board Chair Report
2. CEO Report Pgs 3-5
3. Finance Report – will be provided at the meeting
4. LTC Nursing Report Pg 6
5. CAH Nursing Report Pg 7
6. Quality Improvement/Infection Control Report Pgs 8-10

G. CORRESPONDENCE

H. ACTION ITEMS

1. Selection of CEO Recruitment Firm Pg 11

I. DISCUSSION ITEMS

J. AUDIENCE PARTICIPATION (limited to 3 minutes per speaker)

Members of the public are given the opportunity to comment on matters which are within the subject matter jurisdiction of the Board and are appropriate for discussion in an open session.

K. BOARD MEMBERS COMMENTS

L. EXECUTIVE SESSION

M. ADJOURNMENT

For a full packet, go to www.cityofcordova.net/government/boards-commissions/health-services-board

*Executive Session: Subjects that may be considered in executive session are: 1) Matters, immediate knowledge of which would clearly have an adverse effect upon the finances of the public entity; 2) Subjects that tend to prejudice the reputation and character of any person, provided that the person may request a public discussion; 3) Matters which by law, municipal charter, or ordinance are required to be confidential; 4) Matters involving consideration of governmental records that by law are not subject to public disclosure; 5) Direction to an attorney or labor negotiator regarding the handling of specific legal matters or labor negotiations.

Minutes
CCMC Authority – Board of Directors
CCMC Admin Conference Room
February 28, 2018 at 6:00pm
Regular Meeting

CALL TO ORDER AND ROLL CALL –

Kristin Carpenter called the Board Meeting to order at 6:00pm.

Board members present: **Kristin Carpenter, Linnea Ronnegard, April Horton, Gary Graham and Greg Meyer.**

A quorum was established. 5 members present.

CCMC staff present: Scot Mitchell, CEO; Randall Draney, CFO; Kelly Kedzierski, CAH DON; Kadee Goss, LTC DON; and Faith Wheeler-Jeppson, Compliance Officer.

A. APPROVAL OF AGENDA

M/ Meyer S/ Ronnegard “move to approve the Agenda.”

5 yeas, 0 nay

Motion passed.

B. CONFLICT OF INTEREST ~ None

C. COMMUNICATIONS BY AND PETITIONS FROM VISITORS

1. Audience Participation ~ None

2. Guest Speaker ~ None

D. BOARD DEVELOPMENT – Scot reviewed the Top 10 Trends in Healthcare to the board. A hardcopy of that information has been placed into the permanent record.

E. APPROVAL OF MINUTES

M/ Graham S/ Horton “move to approve the January 31, 2019 Regular Meeting Minutes as presented”.

5 yeas, 0 nay

Motion passed

F. REPORTS OF OFFICERS and ADVISORS

1. **Board Chair– Kristin Carpenter** reported that she had nothing new to report on the Healthcare Collaboration meetings with NVE. Kristin also reported that there are three board seats on the ballot for the election.
2. **CEO – Scot Mitchell** reported that his written report is in the packet. A few additional items to mention are that every three years we are required to have a Community Health Needs Assessment, and this year we will have to perform one. The Alaska Shield statewide disaster drill will be in April, the hospital will be participating by setting up a Point of Dispensing (POD) at the elementary school. We are also working on our Customer Service, we’ve recently purchased “If Disney ran your hospital”, it focuses on providing an experience, not a service.
3. **Finance – Randall Draney** provided the Financial Report for the board to review. A copy of Randall’s report has been put into the permanent record.

4. **LTC Nursing – Kadee Goss** stated that her report is in the packet, some additional points are that Holly Urton is our new Admitting Clerk and she is doing a really good job.
5. **CAH Nursing – Kelly Kedzierski** stated that her report is in the packet, additionally we will be having a few new faces coming in as our travelers rotate.
6. **Quality Improvement/ Infection Control – Kelly Kedzierski** stated that her report is in the packet and that she is available to answer any questions on Quality Improvement and Infection Control that the board may have.

G. CORRESPONDENCE ~ None

H. ACTION ITEMS

Granting of Privileges for Ross Dodge, MD

M/ Horton S/ Meyer “I move that the CCMC Authority Board of Directors approve the Medical Staff privileges for Ross Dodge, MD as requested.”

5 years, 0 nay

Motion passed

I. DISCUSSION ITEMS

Annual Conflict of Interest Attestation

The board members were each provided a copy of the Cordova Community Medical Center Conflict of Interest and Confidentiality Statement to sign and be put into the Board of Director’s file.

2020 Alaska State Budget

Scot provided highlights from Governor Dunleavy’s proposed budget to the Board and explained how some of the cuts may affect the hospital.

J. AUDIENCE PARTICIPATION ~ None

K. BOARD MEMBERS COMMENTS ~ None

L. EXECUTIVE SESSION

1. CEO Contract Renewal

M/ Graham S/ Ronnegard “I move that the CCMC Authority Board of Directors enter into Executive Session for matters which by law, municipal charter, or ordinance are required to be confidential.”

The Board entered into Executive Session at 8:38pm

The Board came out of Executive Session at 9:01pm

M. ADJOURNMENT

M/ Graham S/ Meyer “I move to adjourn the meeting.”

Carpenter declared the meeting adjourned at 9:02pm.

Prepared by: Faith Wheeler-Jeppson



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CEO Report to the CCMC Authority Board of Directors
March 28, 2019
Scot Mitchell, CEO

The Big Picture

The Alaska Legislature has been working on the 2020 State budget. There is still a long way to go before a final budget is approved. On March 19, 2019, the Department of Health and Human Services (DHSS) Medicaid Services presented to the House Health and Social Services Finance Subcommittee a proposed budget that includes \$100 million in general fund cuts to the Medicaid budget. Below is a brief overview of the highlights of their presentation.

- As of July 1, 2019, hospital rates will be reduced by 5%, inflationary adjustments will be suspended, and rebasing will occur.
- CAHs with small facility agreements are exempt from the rate cut and suspension of inflationary adjustments. CCMC is exempt from the rate cuts and inflationary adjustments.
- The larger, PPS hospitals will move to a DRG reimbursement model on January 1, 2020. This does not affect CCMC.
- Starting January 1, 2020, Skilled Nursing Facilities will move to an acuity-based rate, and there will be no inflationary adjustments. This will impact the CCMC nursing home.
- A provider rate cut of 5% on all provider types.
- Dental care for adults on Medicaid will be eliminated.
- Therapies, such as physical therapy, occupational therapy and speech therapy, will be limited to 12 visits per year.
- There will also be a variety of administrative program changes.

Most of the changes proposed can be made through regulation with approval from the Centers for Medicare and Medicaid Services, without the need for legislative approval. The Alaska State Hospital and Nursing Home Association (ASHNHA) is actively working on these issues on behalf of the hospitals and nursing homes in Alaska.

The DHSS is planning a two phase approach to Medicaid program adjustments. Cost containment is the first phase to be implemented in 2020, with the elements mentioned above. The second phase will be to evaluate new Federal opportunities. The Federal Medicaid program released new flexibilities for States in later 2018, which may provide opportunities to better address the healthcare needs of low-income and uninsured Alaskans.

If these proposed cuts become a reality, it will have dire impacts on the entire healthcare industry in Alaska. ASHNHA, of which CCMC is a member, is taking the lead to help prevent the catastrophic effects this budget will have on hospitals in Alaska. We may need to ask Board Members to help with communicating the need for a sustainable health care infrastructure in Cordova to our elected representatives.

Status Updates

Service:

- We are still experiencing operational issues with the Evident system. We are now waiting on a proposal from Evident to bring additional on-site training to CCMC. Our staff have been increasing the amount of time they spend trying to address the various EHR problems we are having, which unfortunately takes away from their daily responsibilities. We continue to experience billing issues, which do have a negative impact on our cash flow. This is the biggest priority that we're working on.
- As mentioned previously, we have been working with the City of Cordova Emergency Management team to research online incident management systems. We recently selected the Knowledge Center system and have started the implementation process. Knowledge Center has agreed to do a quicker implementation so that we can use part of the system during the upcoming Alaska Shield exercise in April. We will also be able to include the State emergency management team in the event when we activate our incident management team. I want to thank Alan Lanning, City Manager, the City of Cordova Emergency Management team, as well as the CCMC employees for their dedication to helping CCMC and the City become more prepared to respond to emergencies.

Quality:

- I want to congratulate Kelly Kedzierski for her upcoming completion of a mentor program that she has been involved with through ASHNHA. She has done a great job improving our quality improvement program as part of this course.
- CCMC will also be using the new Knowledge Center system mentioned above, as part of our routine quality program for various aspects as tracking environment of care rounds, emergency generator checks, fire drills, etc. This will allow us to have all of these mandatory quality checks in one location.

Finance:

- Based on research conducted by Randall Draney and other staff, we recently made the decision to change our electronic clearinghouse from Trizetto to TruBridge. TruBridge is integrated into the Evident system, and should improve our billing processes by allowing us to have more clean claims and reduce the number of denials. All of this will increase our cash flow and reduce the amount of outstanding accounts receivable.
- As noted, we are still dealing with significant issues with our EHR system. We continue to have several staff members meeting weekly with Evident to try to get the financial system issues corrected so we can get accurate financial statements to the Board.
- I have had some very preliminary conversations with City Manager, Alan Lanning, regarding the potential for having CCMC purchase property instead of using so much rental property for temporary staff housing. CCMC spends on average between \$125,000 and \$150,000 annually on rental property. It would be much better financially if those funds were being used for property owned by CCMC. The City attorney has found that it appears that the City and/or CCMC can own property for these purposes. This could be another opportunity for the City of Cordova and CCMC to collaborate on a project to save both money, and have housing available for use by both entities. We have not conducted any other research at this time, other than to see if, from a legal standpoint, it can be done.

People:

- We have a new Family Nurse Practitioner, Laura Henneker, who will be join CCMC in April, pending completion of her credentialing. Laura has more than 15 years of Nurse Practitioner experience, and is already licensed in Alaska. Laura's experience in quality improvement efforts will help us continue to improve the care we provide. She will also help us explore establishing a wound care program.
- Angela Kesler, will join CCMC next month as our new Physical Therapist. Angela is coming from Indiana, but has spent some time in Alaska previously. She has her Doctorate of Physical Therapy degree and will be moving to Cordova.

- Mariesa Woods has joined CCMC as our new Business Office Manager. Coming to Cordova from Arizona, Mariesa has several years of revenue cycle management experience. We are looking forward to her helping CCMC improve its billing processes and increasing cash flow.
- We have made an offer of employment to a Licensed Clinical Social Worker, who has accepted the position. We are currently waiting on her Alaska license before she can start. We are still conducting a search for the second LCSW position in Sound Alternatives.
- Randall Draney and Kadee Goss have both agreed to pursue their Alaska Nursing Home Administrator license. This process can take some time, but we thought it would be good to have at least one other person on staff with a license in case the person who will replace me as CEO does not have a current Alaska license.

Growth:

- With Laura Henneker, FNP joining CCMC next month, we will be able to accept more patients in the clinic, and we are also planning on starting a wound care program with her assistance. We routinely receive referral requests for patients who need wound care services. Adding this service will help us increase our swing bed census, and provide another needed service.
- Dr. Gifford's next pediatrics clinic will be held on May 3rd.
- Recent conversations have taken place with a Board Certified Emergency Medicine physician who is interested in coming to CCMC. This physician lives in Alaska, but is not available until later this fall.
- Barb Jewell is researching a new grant through the Alaska Children's Trust Community Based Child Abuse Prevention program. These funds would allow Sound Alternatives to provide more of these services in Cordova.

Community:

- CCMC continues to prepare for the Alaska Shield 2019 statewide disaster exercise. This year's exercise will center on multiple terrorism attacks across the state, with several happening here in Cordova. CCMC will participate along with the City in this multi-day exercise. We are going to serve as a Point of Distribution for medications to treat the agent that will be involved in the drill. This will involve mass dispensing of medications to the members of the community.
- The Cordova Health Fair is scheduled for April 27, 2019. I encourage everyone to make plans to attend this year's health fair, it will be a great event for the community.
- CCMC is going to apply for grant funds from the Hospital Preparedness Program to help the community of Cordova with emergency preparedness activities. We are still working on the exact nature of what we will be asking for, but will make sure it involves ways to assist the community, not just CCMC.



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Date: March 28th 2019
To: CCMC Authority Board of Directors
From: Director of Long Term Care, Kadee Goss RN
RE: Nursing Report

- We still have 10 residents in our Long Term Care Unit
- Safety continues to be our number one goal with all of our residents. Beds are kept in low position, call lights in reach and hourly rounds on each resident completed by the staff to minimize the number of unwitnessed falls.
- We had the Alaska Center for the blind and visually impaired come to CCMC this month. For free, the residents were able to order large font books, magazines, games and cards. We also have a few residents that have audio books that they really enjoy.
- We have added a new Dietary Manager to our team here at CCMC Andrew Goss. He is working hard to improve our menus, by focusing on making them healthy and great tasting for our residents, patients, seniors, staff and visitors. Come on by and try out our lunch. He is doing a great job.

To: CCMC Authority Board of Directors
From: Kelly Kedzierski, RN
RE: March 2019 Nursing Update

- Staffing:
 - Nursing staffing continues to be adequate.
- Census:
 - LTC census is 10. Currently, we have 1 swing bed occupied.
- The ongoing challenges:
 - Surveys-Continue with the current plans and prepare for the CAH survey in the near future.

Training-

- POD- (Point Of distribution) to take place on April 12. Which will be an excellent emergency management learning experience for all involved.
- On April 18th we will be doing training with Nursing staff and the local EMS.
- CCMC has been having all nursing staff, registration and ancillary staff continue education and training in the Evident EHR.

Kelly Kedzierski, RN

CAH-DON

To: CCMC Authority Board of Directors
From: Kelly Kedzierski, RN
RE: March 2019 Quality Improvement Report

Quality Improvement

The CCMC team is continuously and consistently working hard to build a healthcare system that focuses on keeping our community healthy, provides appropriate and timely access to excellent healthcare, and provides the right care, at the right time, in the right place, all the while promoting focused improvement.

Currently we are meeting on a monthly basis. The last Quality meeting was held on February 26th, 2019 where we discussed:

- Evident registration education and web-ex's from Evident for ongoing improvement of our registration process with in the electronic health record.
- CCMC has been attending meetings regarding the Alaska Shield for emergency preparedness. As part of Alaska Shield 2019 assessment of the readiness of Cordova Community Medical Center to establish a Point of Dispensing in the event of an infectious outbreak will take place starting the week of April 6, 2019. The actual POD will take place on April 12, 2019 in the gym of Mt Eccles. Thank you to Gayle for agreeing to allow us to have it there.
- Our next Quality meeting will be held on March 27th, 2019.

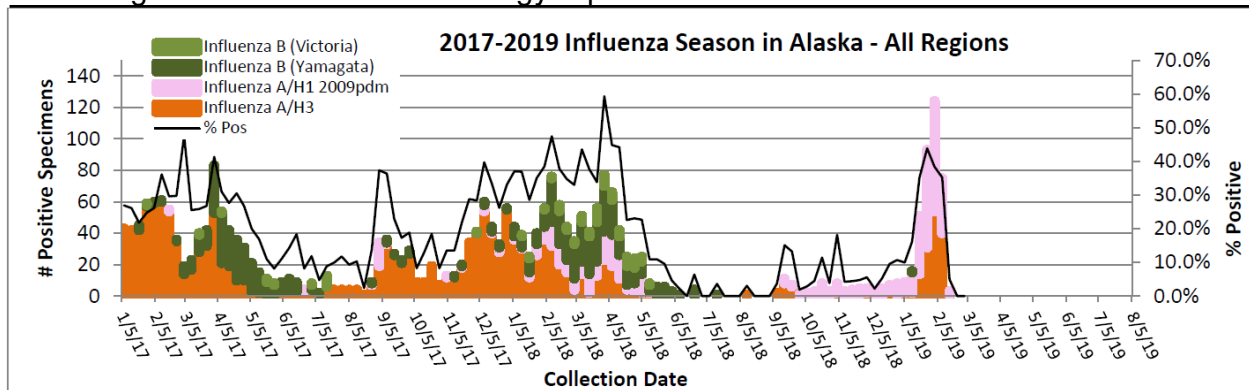
To: CCMC Authority Board of Directors
From: Kelly Kedzierski, RN
RE: March 2019 Infection Control

Infection Control

- The last meeting was held on March 20, 2019. Our next meeting will be on June 5th 2019.
At our last meeting we discussed the many improvements that are taking place at CCMC which include the Environment of care rounds with a focus on infection prevention, the cleaning that the staff from environmental services, dietary, and facilities/maintenance all have greatly contributed to.
- We also discussed the our preparedness for the Influenza outbreak and the staff involvement in keeping CCMC residents, visitors and staff aware of what steps to take to prevent illness as well as what steps to take in the event of having flu like symptoms.
- As shown below there was an increase in flu activity in Alaska.

Fun Facts:

According to the Alaska State Virology report



1. Influenza virus

PCR Testing for Week #2019-09 TP: true positive, FP: false positive, TN: true negative, FN: false negative. True = 2 tests concur, False = 2 tests do not concur Collection Date Range: 1/15/2019 – 2/12/2019		Corresponding Influenza Sentinel Providers Results								
		Rapid Influenza Test Results				PCR Test Results				No Data
ASVL PCR Results		TP	TN	FP	FN	TP	TN	FP	FN	
Influenza A/H1 2009 pdm Positive	54	4			2	36				12
Influenza A/H3 Positive	31	1			1	21			1	7
Influenza A (subtype pending)	63	20			2	39			2	
Influenza B Positive (Yamagata lineage)										
Influenza B Positive (Victoria lineage)										
Influenza B (genotype pending)										
Influenza Negative	28		6	3			12	6		1
Total # Specimens Tested	176	25	6	3	5	96	12	6	3	20

1. Influenza virus

PCR Testing for Week #2019-10 TP: true positive, FP: false positive, TN: true negative, FN: false negative. True = 2 tests concur, False = 2 tests do not concur Collection Date Range: 1/25/2019 – 2/27/2019		Corresponding Influenza Sentinel Providers Results								
		Rapid Influenza Test Results				PCR Test Results				No Data
ASVL PCR Results		TP	TN	FP	FN	TP	TN	FP	FN	
Influenza A/H1 2009 pdm Positive	76	17			1	55			2	1
Influenza A/H3 Positive	52	11			1	38				2
Influenza A (subtype pending)	49	5				34			4	6
Influenza B Positive (Yamagata lineage)										
Influenza B Positive (Victoria lineage)										
Influenza B (genotype pending)										
Influenza Negative	30		5	1			16	2		6
Total # Specimens Tested	207	33	5	1	2	127	16	2	6	15

1. Influenza virus

PCR Testing for Week #2019-11 TP: true positive, FP: false positive, TN: true negative, FN: false negative. True = 2 tests concur, False = 2 tests do not concur Collection Date Range: 2/4/2019 – 3/1/2019		Corresponding Influenza Sentinel Providers Results								
		Rapid Influenza Test Results				PCR Test Results				No Data
ASVL PCR Results		TP	TN	FP	FN	TP	TN	FP	FN	
Influenza A/H1 2009 pdm Positive	12					11			1	
Influenza A/H3 Positive	21	1				19			1	
Influenza A (subtype pending)	182	35			2	131			2	12
Influenza B Positive (Yamagata lineage)										
Influenza B Positive (Victoria lineage)										
Influenza B (genotype pending)										
Influenza Negative	81		12	4		50		4		11
Total # Specimens Tested	296	36	12	4	2	211	0	4	4	23



Memorandum

To: CCMC Authority Board of Directors
From: Scot Mitchell, FACHE, CCMC CEO
Subject: CEO Recruitment Firm
Date: 3/22/2019

Suggested Motion: “I move that the CCMC Authority Board of Directors select _____ to fill the interim and permanent CEO positions.”